



## **Swim Team- Fall, 2011**

Practice Monday through Friday

Ages 4-16

Ages 9 to 16: 4:00pm - 5:15pm

Ages 5 to 8: 4:00pm - 5:00pm

*We strive to further improve competitive swimming skills and build on the summer swim experience. Emphasis is placed on stroke mechanics including teaching and correcting all strokes, dives and turns. Practices are designed to be a combination of stroke technique and conditioning. Our goal is to make the swimmer's experience fun and rewarding while planting good practice habits and work ethic. We also encourage participation in USA swim meets.*

**The swim team offers your child:**

- Structured swim practices
- Professional and skilled coaching
- A constant form of exercise
- Unity in a team sport
- A fun and friendly environment

**Your child will learn to:**

- Improve their stroke technique and swimming skills
- Work hard and achieve personal goals
- Swim with ease, efficiency, power, and smoothness

**Most importantly, your child will learn to enjoy the sport of swimming!**

### **Pricing**

<b>Practice per week</b>	<b>Members Charge/month</b>	<b>Non-Members Charge/month</b>
<b>1 day</b>	<b>\$24</b>	<b>\$32</b>
<b>2 days</b>	<b>\$44</b>	<b>\$60</b>
<b>3 days</b>	<b>\$60</b>	<b>\$84</b>
<b>4 days</b>	<b>\$72</b>	<b>\$104</b>
<b>5 days</b>	<b>\$80</b>	<b>\$120</b>

\*No Initiation fees or family commitment fees are required.

**Please contact Nick van Vliet for information or questions:**

**(P) 661-257-0044 Ext. 119 (E) [Nick@thePaseoClub.com](mailto:Nick@thePaseoClub.com)**



**Swim Team Application**  
**Fall & Winter Session September 6 to December 16, 2011**

*Please turn application in to Front Desk*

Parent Name: _____		Last Name: _____	
Swimmer Name: _____		Age: _____	DOB: _____
Phone(1): _____		(2) _____	
Email: _____			
Address: _____			
City: _____		Zip Code _____	Member: Yes <input type="checkbox"/> No <input type="checkbox"/>

Please Circle the amount of days per week that your swimmer will attend

Practice per week	<i>Members</i> Charge/month	<i>Non-Members</i> Charge/month
1 day	\$24	\$32
2 days	\$44	\$60
3 days	\$60	\$84
4 days	\$72	\$104
5 days	\$80	\$120

1.) Charge for the month: \$ \_\_\_\_\_ Form of Payment (circle): Check/ Credit Card/  
 Card on File

**Payment must accompany all applications at the beginning of the month**

2.) Please circle which days of the week your swimmer intends to practice:

4:00pm-5:00/5:15pm:      M      T      W      Th      F

*\*swimmers are allowed to change the day of the week that they attend practice*

*\*missed practices can roll over to the next week, but will expire at the end of each month*

*\*If you'd like to add 1 day of practice to your package, there is a charge of \$8*

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