



## PRIVATE TRAINING PROGRAMS

The Paseo Fitness Department offers a wide variety of private training options to properly address your individual needs. Each of our private trainers is nationally certified and hand-picked to ensure pampered service, safety, and satisfaction. Sessions are billed to your Paseo account monthly, for your convenience.

### PRIVATE TRAINING PROGRAM

one trainer, one member: the ultimate in personalized training

	<span style="color: red;">30 Minute Sessions</span>	<span style="color: red;">1 Hour Sessions</span>
<b>Individual Sessions</b> .....	\$55	\$100
<b>Monthly Packages</b>		
1x/week .....	\$170/mo	\$300/mo
2x/week .....	\$300/mo	\$520/mo
3x/week .....	\$420/mo	\$720/mo
4x/week .....	\$536/mo	\$912/mo
5x/week .....	\$650/mo	\$1100/mo

### SEMI-PRIVATE TRAINING PROGRAM

one trainer, two members: bring a partner to share the load!

	<span style="color: red;">1 Hour Sessions</span>
<b>Individual Sessions</b> .....	\$55/person
<b>Monthly Packages</b>	
1x/week .....	\$170/person/mo
2x/week .....	\$300/person/mo
3x/week .....	\$420/person/mo
4x/week .....	\$536/person/mo
5x/week .....	\$650/person/mo

### GROUP PRIVATE TRAINING PROGRAM

one trainer, three or more members: join existing groups at prescheduled times for tons of fun!

	<span style="color: red;">1 Hour Sessions</span>
<b>Individual Sessions</b> .....	\$25/person
<b>Monthly Packages</b>	
1x/week .....	\$100/person/mo
2x/week .....	\$160/person/mo
3x/week .....	\$240/person/mo
4x/week .....	\$320/person/mo
5x/week .....	\$400/person/mo

\*this form reflects current club private training rates; members who begin any of the above monthly training programs are guaranteed the same renewal rate for the life of their training program, provided there is no break in service

\*\*please note that all properly cancelled sessions can be rescheduled up to 1 month after the missed session, by the individual trainer's availability; all cancelled sessions not given at least 24 hours notice will be forfeited by the client